

Foreclip 2 Device Instructions

- The Foreclip **can be worn for ~1 hour**. The device is recommended for home usage so you can readjust. The device is for skin below the scar line only
- **Grip the clips onto the skin one at a time**. First gripping near the scarline then second near the base of the shaft is recommended. By opening just one clip and pulling the skin you can generate tension. If there is pain - it means the tension is too high or the skin needs rest.
- The metal spacer can be unscrewed from the clip if you need to switch it out for a different size
- when putting on the device, make sure you **grip a significant amount of skin (skin should go to top of cushions)** this is how you can generate more tension. Do not clip directly onto any veins.
- **Top screws can be adjusted to change grip strength**
- To change grippers use a flathead screwdriver to pry them out. Eventually, grip cushions will need to be replaced

Common Issues

- **Tension is set too high**. If the tension is set too high the device will be painful. To properly discern the pinching feeling (where device grips skin) from the stretching feeling (tensioned skin), clip the device onto your skin but do not have any tension.
- **Not enough skin under the gripper**. The grippers are simulating what your fingers would typically do for Manual Method 1. You must grip a significant amount of skin to generate tension. If this is incorrect, the device is ineffective.

Disclaimer / Liability Waiver

The safety of this product is not guaranteed. Users must be careful to not injure themselves with the device, if you feel any pain - stop immediately. Do not set the tension too high as that can result in injury. NOT FOR USE ON INNER SKIN (i.e. skin above scar line). The clips may feel a bit strange at first but after a minute it becomes more comfortable

Update

The new design has a fixed tension length rather than an adjustable one like the previous Foreclip version.

The proper way to generate tension with the device is to clip one near the scar line on the ventral side, then use your other hand to pull the skin back towards yourself then secure the second clip. A significant amount of skin in the gripper will increase the grip strength allowing you to generate more tension. You should be able to pull the skin creating significant tension against the first clip. Grip your skin in the same way that Foreclip grips. It will require both hands to put on, one hand to take off.